### **Training Opportunities**

WCSI strives to be the hub for training and development in Westmoreland County. We can develop training to meet the needs of your agency. Visit the Education & Training Calendar at www.wcsi.org for all upcoming opportunities.

## Mental Health First Aid (MHFA)

WCSI is pleased to offer MHFA Certification. MHFA is an 8-hour certification that introduces participants to risk factors, warning signs, and impacts of mental health problems and overviews of common treatments. MHFA is designed to fight stigma associated with mental illness and to address the real desire to help someone who is struggling on their way to recovery. Available in person, virtually, or hybrid.



### **QPR (Question, Persuade, Refer)**

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know. Available in person or virtually.



Lynnette A. Emerick, BSN, M.Ed. Chief Executive Officer

> OFFICE HOURS 8:30 AM - 4:30 PM Monday through Friday

<u>MAIN OFFICE</u> 134 Industrial Park Road Greensburg, PA 15601 724-837-1808 Fax: 724-858-9012

SATELLITE LOCATION 301 7th Street New Kensington, PA 15068 724-334-1774

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For Hearing and Deaf Services, contact The Center for Hearing and Deaf Services at 724-832-7600 (voice/TTY) or 724-216-0149 (video phone).

**Spanish:** ATENCIÓN: Si usted habla español, los servicios de ayuda de idioma, sin ningún costo, están disponibles para usted. Llamar al [412-228-0240], [1-866-872-8969] or [412-596-4640].

**Russian:** ВНИМАНИЕ: Если Вы говорите на русском языке, Вам предлагаются бесплатные переводческие услуги. Позвоните по номеру [412-228-0240], [1-866-8969] or [412-596-4640].

Chinese (Simplified/Mandarin): 注意: 如果您讲中文,可向您免费提供语言协助服务。致电 [412-228-0240], [1-866-8969] or [412-596-4640].



Over a Quarter of a Century of Caring and Serving

## **Our Mission Statement:**

We are dedicated to working in partnership with all individuals impacted by intellectual/ developmental disabilities and behavioral health challenges through their connection to essential services, personal empowerment and promotion of wellness.

## **Our Vision:**

WCSI will be a leader in integrating people into the community through Recovery, Wellness and Positive Approaches to live a full and renewed life.





www.wcsi.org



# What Can WCSI Do For You? Care. Support. Help.

### **BEHAVIORAL HEALTH DIVISION**

Targeted Case Management (TCM): Targeted Case Management is designed to provide community-based services to eligible adults and children with behavioral health-related needs. TCMs meet with individuals and/or their families to understand their needs and challenges and develop a service plan and goals to address those needs. TCMs provide information, support, advocacy, and assistance with referrals to other necessary services/supports. This program offers specialized services for individuals who are involved in the criminal justice system or those recently discharged from the hospital. Services offered by the TCM program are voluntary and free to the individual. If interested, please contact our main number listed on the front of this brochure

**Certified Peer Services (CPS):** Certified Peer Services are provided by trained individuals who have lived experience with behavioral health challenges and recovery. Certified Peer Specialists use their specific training and personal life experiences to provide support and insight to clients who are living with mental illness and working toward their own recovery.

**WCSI Link:** The WCSI Link program provides individuals transportation to community resources and opportunities for socialization. An individual interested in using the WCSI Link should request that their case manager complete a referral.



"We live in a world in which we need to share responsibility. It's easy to say 'It's not my child, not my community, not my world, not my problem.' Then there are those who see the need and respond. I consider those people my heroes." Fred Rogers



**Criminal Justice Liaisons (CJL):** Criminal Justice Liaisons maintain a presence at the District magisterial offices throughout Westmoreland County. The program provides assistance navigating the criminal justice system, linkage to community services, and support during court hearings by providing diversion options, referrals, and education on available county resources.

**Prison-Based Criminal Justice Services:** Based in the Westmoreland County Prison, the goal of this program is to reduce the risk of re-incarceration. It offers individual counseling and/or psychoeducational groups to individuals with behavioral health needs to help them with management of behavioral healthrelated symptoms, skill building, and preparation for successful return to the community.

**Child and Family Resource Center (CFRC):** Service Navigators are available to assist families in identifying available services, resources, and supports to meet their child's individual needs. Families may also request an Individual Planning Meeting (IPM) to bring together team members already involved in their child's care to problem-solve and set goals to meet their child's unique needs.

**Student Assistance Program (SAP):** SAP Liaisons help students overcome barriers to learning so that they can thrive in their academic environment and community. Serving all school districts throughout Westmoreland County, the liaisons work closely with school personnel and may offer a variety of services including social skills groups, support with connection to mental health or drug and alcohol services, including case management, and assistance with connection to other human service resources that may be needed.

#### INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

#### **DIVISION**

Supports Coordination: Supports Coordination services are designed to support consumers of all ages with an Intellectual Disability or Autism diagnosis. Your Supports Coordinator will help you by developing and managing an Individual Support Plan, assisting with linking, and arranging for and obtaining services specified in this plan. They can also provide ongoing monitoring to ensure that you are getting the supports you need and when you need them to see improvements in your life. We value what is important to people with disabilities and their families who are striving for an everyday life. An everyday life is about opportunities, relationships, rights, and responsibilities. It is about being a member of the community, having a valued role, making a contribution to society, and having one's rights as a citizen fully respected. This is the vision that you can work toward with your Supports Coordinator.



Early Intervention (EI) Service Coordination:

Early Intervention Service Coordination services are designed to assist families with infants and toddlers from birth to three years of age who have developmental delays or disabilities. If you are concerned about your child's development, call for a no-cost intake and multi-disciplinary evaluation to determine eligibility for the Early Intervention program. If your child is determined eligible, the Service Coordinator develops an Individualized Family Service Plan (IFSP) with you for services. Our goal is to develop an effective strategy of care through resources and therapeutic providers to enhance the natural learning that occurs in your child's early years.