

What is an ISPT?

An ISPT is an **Individual Service Plan Treatment *Team Meeting***. It is an opportunity to come together with supports from all areas of your child's life and develop a plan together to address issues your child and family are experiencing. It is a time to highlight strengths of the individual child and build upon them to create positive outcomes.

Who are the members of the ISPT Team?

The most important Team Member YOU!

At the center of the ISPT process is you and your child. It is our goal to create a team where you feel empowered to speak about the needs of your child and family, where you feel supported in facing the challenges that arise and where you are informed at every step of the way.

County Designee (WCSI representative and delegate for the Westmoreland County Behavioral Health Office, also known as a BHRS Casemanager)

The County Designee is your point of contact to answer all questions and support you through the ISPT process. They will provide you with educational resources and any other information you may need. They are an advocate for you and your child and the host of the ISPT meeting. They will ensure the needs of your family are given a voice and help to problem-solve should issues arise.

Value Behavioral Health (VBH) Care Manager

If your child has Value Behavioral Health coverage, a representative from VBH will participate on your ISPT Team. Their role is to gather information to determine whether your child's needs and the recommended services are well matched. They will ask questions about your child's daily activities and behavior to assist in making the best decision about services that will benefit them.

Provider Representative

Once services have started, your ISPT Team will meet regularly to discuss the progress your child is making as well as to identify areas that still need improvement. Much of this information will be presented by your chosen provider that is working closely with your family.

Evaluator (Psychologist or Psychiatrist that completed the evaluation for your child)

An important member of your ISPT Team is the evaluator that met with you and your child and made the recommendation for services. We welcome the evaluator's input at every stage of the ISPT process. The team will review the report the evaluator has prepared and he/she may choose to participate in the meeting as well.

Other Formal Supports

It is important to include other professionals involved in your child's life on the ISPT Team. Some examples are teachers, guidance counselors, therapists, casemanagers, juvenile probation officers, and child welfare workers. We will assist you in inviting the individuals of your choice to your meeting and value their input.

Natural/Community Supports

In addition to professionals, your child may have supportive people from other areas of their lives with important information to share. Some examples include extended family members, spiritual leaders, and community group leaders. We welcome these individuals to participate in ISPT meetings and can help you to assemble them as a part of your team.