Providers, please post in an area accessible to your members.

Need Help in Finding Food?

Have you had to choose between buying food and paying a bill? Have you or members of your household gone to bed hungry? Food insecurity means that you do not have access to consistent and nutritious meals. According to feedingamerica.org and agriculture.pa.gov:

- In Pennsylvania, 1,540,900 people are facing hunger, and of them, 443,500 are children. This has increased in the last two years.
- 1 in 9 Pennsylvanians face hunger. 1 in 7 are children.
- These numbers have increased due the pandemic, job loses, and transportation issues especially in rural areas.
- Not having access to food has been linked to chronic disease, overall poor health and having a higher chance for hospitalization.
- Children need healthy meals for development and success in school.
- Many individuals and families work, but don’t earn enough to buy food consistently or are only able to purchase small amounts and less healthy, cheaper food items.

It’s OK to ask for help.
There is help.

Food banks and pantries are available in all 67 counties of Pennsylvania. You can search by visiting https://www.dhs.pa.gov/about/Ending-Hunger/Pages/Food-Pantries.aspx

You can apply for food benefits called SNAP (Supplemental Nutrition Assistance Program) in Pennsylvania by visiting your local county assistance office, applying online at COMPASS (https://www.compass.state.pa.us/compass.web/Public/CMPHome) or by calling the statewide customer service center at 1-877-395-8930 to see if you are eligible for SNAP benefits.

Call PA 211: Helping you to locate a food pantry/distribution near you. Dial 211 from your phone.