

DISASTER CRISIS OUTREACH
REFERRAL TEAM
(DCORT):
EMERGENCY BEHAVIORAL HEALTH
(EBH)

ERIN ANGELLONE MS, CCISM
BH SUPERVISOR/WCSI EBH LEAD

WHAT IS DCORT/EBH?

- DCORT stands for Disaster Crisis Outreach and Referral Team.
 - “DCORT’s mission is to assist those individuals that have been impacted by crisis or disaster by providing emotional support and therapeutic activities to ease stress, foster a compassionate presence, and to aid in community resilience.”
 - “DCORT” is a specific model in crisis response.
- EBH stands for Emergency Behavioral Health
 - Name changing from DCORT to EBH due to the different models in crisis response.
 - Overall, all models share the same goals in crisis response to a critical incident.

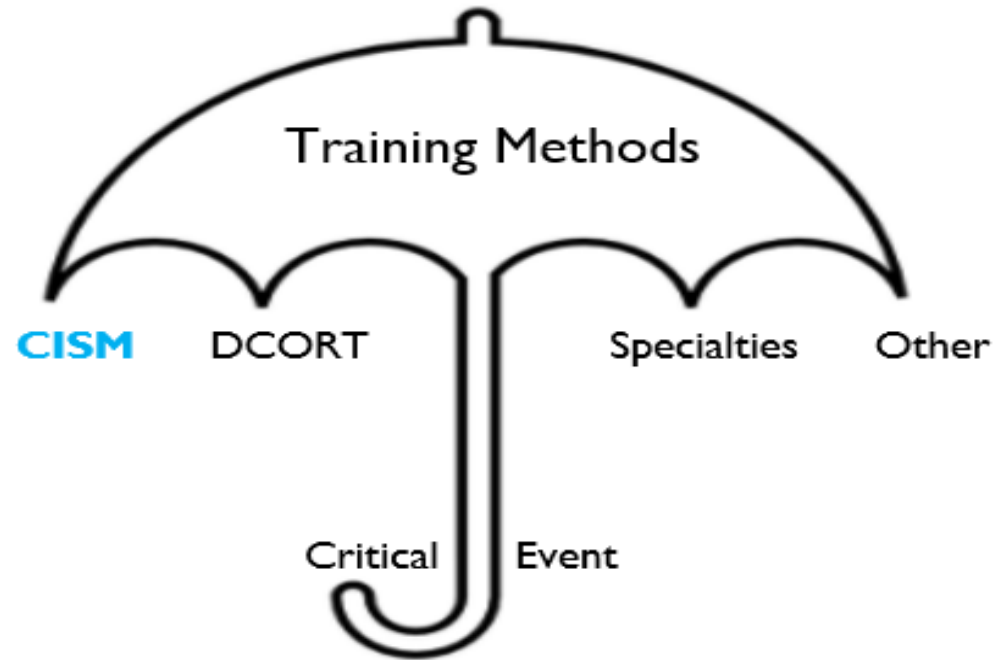
DCORT TRAINING

- Basic DCORT response training consist of:
 - NIMS 700
 - ICS-100
 - ICS-200 for Supervisors / Leads
 - DCORT
 - Psychological First Aid (PFA)

CRITICAL INCIDENT STRESS MANAGEMENT (CISM SPECIALTIES)

- CISM is a specific modality that WCSI have adopted as our model of expertise.
 - Debriefings (introduction, facts, thoughts, reactions, teaching, re-entry).
 - Defusing (introduction, exploration, information) small homogenous group.
 - Demobilization (large group intervention for operations personnel disaster large scale incidents) Equal exposure to the event.
 - Crisis Intervention (emotional first aid) used to mitigate impact of stress.
 - SAFE-R model (stabilize, facilitate, encourage, recovery, referral).

Emergency Behavioral Health EBH



WHAT ARE EBH METHODS OF INTERVENTION?

- EBH Methods of Intervention:
 - Pre-crisis education
 - General Briefing
 - Defusing
 - Debriefings
 - Critical Incident Stress Debriefing
 - One-to-one in person
 - One-to-one telephone
 - Other



EBH

- Critical Incidents can impact an individual in four main areas:
 - Physical
 - Cognitive
 - Emotional
 - Behavioral
- EBH member focuses on the **RESPONSE**, not the **EVENT**.
 - This is NOT therapy or counseling.



WHO IS EBH?

- Westmoreland County currently has six teams with about 45-50 active members.
 - Westmoreland County Behavioral Health & Developmental Services Office
 - Heather McLean: MHA-SWPA Outreach Coordination
 - WCSI ,Excela, SPHS, WFS, Blackburn Teams
- Each team is made up of trained crisis outreach responders.
- Each team has a team lead, as well as leads.

WHAT IS THE ROLE OF EBH?

- EBH provides support to individuals who have been impacted by a trauma, disaster and/or pandemic events whether natural or manmade.
- Help the individual(s) understand what they are experiencing.
- Help the individual(s) explore ways to cope.
- Seek to prevent longer-term mental health problems by returning individual(s) to pre-critical event levels of functioning more quickly.
- Normalizing individual(s) reactions.

WHAT IS THE ROLE OF EBH? CONTINUED...

- The response can be immediate or as determined necessary by the impacted individual(s).
- Alleviate distress through supportive listening, providing comfort and empathy.
- Facilitate effective problem-solving of immediate concerns.
- Recognize and address pre-existing psychiatric and/or other health conditions in the context of the current.
 - This is NOT therapy or counseling.
 - This is NOT clinical assessments. We DO NOT diagnosis individuals.

HOW IS EBH DEPLOYED?



EBH Teams NEVER self deploy.

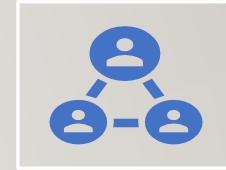
The Individual impacted contacts crisis hotline to request EBH support.

- 724-830-3617
- After hours, weekends, or holidays: 1-800-836-3617

*In the school setting, utilize SAP Liaison to deploy EBH Team.



The EBH Team Lead is contacted by the County BH/DS office or MH Outreach Coordinator.



Once the EBH Team lead has been contacted regarding a potential deployment, specific information is gathered and the call down process begins.

WHERE DOES EBH DEPLOY TO?

- Community
- Shelters
- Disaster Recovery Centers
- Emergency Operation Centers (EOC)
- Schools
- Accidents and fire events
- Exercises and Drills
- Funeral Homes
- Places of work/employment
- Anywhere a critical incident has occurred and there is a need.

ADDITIONAL TRAININGS EBH MEMBERS HAVE (SPECIALTIES)

- Mass Disasters and Terrorism
- School Crisis Response
- Active Shooter response
- Death notification
- Biochemical warfare response
- Talking to children and families about grief and loss
- Working with first responders (police and EMS on scene)
- NOVA (National Organization Victim's Assistance)
- Victims of crime resources



QUESTIONS...

ANSWERS...

COMMENTS...

CURIOSITY...

THANK YOU FOR YOUR TIME!!!

ERIN ANGELLONE
EANGELLONE@WCSI.ORG